









Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>9:30 Parachute Games (2) 1</p> <p>10:30 Leaf Stamping Art (GR)</p> <p>2:00 Entertainment with the Reflections (DR)</p> <p>7:00 Relaxing Music (1/2)</p>	<p>9:30 Balloon Volleyball (1) 2</p> <p>10:45 Seated Biking (2)</p> <p>2:00 Bingo (2)</p> <p>3:30 Coffee Chat (1)</p> <p>7:00 Movie Night With Popcorn (2)</p>
<p>9:30 Seated Exercise (2) 3</p> <p>10:45 Arm Chair Travel (1)</p> <p>1:30 Worship Service (CH)</p> <p>3:00 Dot Art (2)</p> <p>4:00 One to One Visits (IS)</p> <p>7:00 Social Cart (1)</p>	<p>Civic Holiday 4</p> <p>9:30 Ball Toss (1)</p> <p>10:45 Family Feud (2)</p> <p>2:00 Arts and Crafts (1)</p> <p>3:30 Music Bingo (2)</p> <p>7:00 Movie Night (1/2)</p> 	<p>Senior Olympics 5</p> <p>9:30 Seated Biking (2)</p> <p>10:30 Coffee & Chat with Councillor Rice (GR)</p> <p>10:45 Nifty Nails (1)</p> <p>2:00 Senior Olympics: Push Ball (CH)</p> <p>2:00 Senior Olympics Opening Ceremony (CH)</p> <p>3:30 Pictionary (1)</p> <p>7:00 Sing Along With Instruments (2)</p>	<p>Senior Olympics 6</p> <p>9:30 Sit & Stretch (1)</p> <p>10:45 News & Views (2)</p> <p>2:00 Bingo (DR)</p> <p>3:30 Senior Olympics: Discus (CH)</p> <p>7:00 Nature Documentary (1/2)</p>  	<p>Senior Olympics 7</p> <p>9:30 Washer Toss (2)</p> <p>10:45 You Be The Judge (1)</p> <p>2:00 Senior Olympics: Javilin (CH)</p> <p>3:30 Popsicles on the Patio (1)</p> <p>7:00 Movie Night With Popcorn (1)</p>	<p>Senior Olympics 8</p> <p>9:30 Ladder Golf (1)</p> <p>10:30 Men's Den (GR)</p> <p>2:00 Senior Olympics Closing Ceremony Happy Hour (DR)</p> <p>3:30 Fit Minds with Komal (2)</p> <p>7:00 Relaxing Music (1/2)</p>	<p>9:30 Seated Pilates (2) 9</p> <p>10:45 Colouring Corner (1)</p> <p>2:00 Bingo (2)</p> <p>3:30 Hymn Sing (1)</p> <p>7:00 Social Cart (2)</p>
<p>9:30 Seated Exercise (1) 10</p> <p>10:45 Trivia (2)</p> <p>1:30 Worship Service (CH)</p> <p>3:00 Arts and Crafts: Painting (2)</p> <p>4:00 One to One Visits (IS)</p> <p>7:00 Sing Along With Instruments (1)</p>	<p>Emergency Preparedness Week 11</p> <p>9:30 Balloon Games (2)</p> <p>10:45 Name That Tune (1)</p> <p>2:00 Welcome Home Social (DR)</p> <p>3:30 Parachute Games (1)</p> <p>7:00 Movie Night (1/2)</p>	<p>Emergency Preparedness Week 12</p> <p>9:30 Seated Biking (1)</p> <p>10:00 - 2:00 The Clay Edit Jewelry Vendor (LOB)</p> <p>10:45 Summer Word Search (2)</p> <p>2:00 Sing Along with Mary Ellen & David (DR)</p> <p>3:30 One to One Visits (IS)</p> <p>7:00 Colouring Corner (2)</p>	<p>Emergency Preparedness Week 13</p> <p>9:30 Seated Pilates (2)</p> <p>10:45 News & Views (1)</p> <p>2:00 Bingo (DR)</p> <p>3:30 EZ Adapted Freeze Dance (1)</p> <p>7:00 Nature Documentary (1/2)</p>	<p>Emergency Preparedness Week 14</p> <p>9:30 Washer Toss (1)</p> <p>10:45 Word Games: The Wizard of Oz Edition (2)</p> <p>2:00 Arts and Crafts (1)</p> <p>3:30 Nifty Nails (2)</p> <p>7:00 Ball Toss (1)</p>	<p>Emergency Preparedness Week 15</p> <p>9:30 Seated Pilates (2)</p> <p>10:30 EZ Does It: Which Picture Fits (GR)</p> <p>2:00 Entertainment with Kay Da Silva (DR)</p> <p>7:00 Relaxing Music (1/2)</p>	<p>9:30 Seated Exercise (1) 16</p> <p>10:45 Colouring Corner (2)</p> <p>2:00 Bingo (2)</p> <p>3:30 Corn Hole (1)</p> <p>7:00 Sing Along With Instruments (2)</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Seated Exercise (2) 17 10:45 Trivia (1) 1:30 Worship Service (CH) 3:00 Arts and Crafts (2) 4:00 One to One Visits (IS) 7:00 Hymn Sing (1)	9:30 Parachute Games (1) 18 10:30 Baking: (1) 2:00 S'mores Social (DR) 7:00 Movie Night (1/2) 	9:30 Seated Biking (2) 19 10:45 Nifty Nails (1) 2:00 Music Bingo (2) 3:30 Ring Toss (1) 7:00 Easy Riddles (2)	9:30 Seated Exercise (1) 20 10:00 - 3:00 Jansal Clothing (LOB) 10:30 Roman Catholic Communion (CH) 1:30 Music Therapy with Bobbi (1) 3:30 Arts and Crafts: City Scape (2) 7:00 Nature Documentary (1/2)	9:30 Ball Toss (2) 21 10:45 Courtyard Games: Horse Shoes (1) 1:30 Outing (BS) 2:00 One to One Visits (IS) 3:30 Popsicles social (2) 7:00 Sing Along With Instruments (1)	9:30 Corn Hole (1) 22 10:30 Men's Den (GR) 2:00 Entertainment with Gary Wayne Meyers (DR) 3:30 Fit Minds with Komal (2) 7:00 Relaxing Music (1/2)	9:30 Ladder Golf (2) 23 10:45 Family Feud (1) 2:00 Bingo (2) 3:30 Balloon Volleyball (1) 7:00 Social Cart (2) 
9:30 Seated Biking (1) 24 10:45 Boggle Bash (2) 1:30 Worship Service (TH) 3:00 Arts and Crafts: Popsicle Stick Flower Pots (2) 4:00 One to Ones (IS) 7:00 Colouring Corner (1)	9:30 Ball Toss (2) 25 10:45 Walking and Watering (1) 2:00 Musically Engaged Seniors (2) 3:30 Scattergories Word Game (1) 7:00 Movie Night (1/2) 	9:30 Corn Hole (1) 26 10:00 - 4:00 Mia Bella Candle Warmers Vendor (LOB) 10:45 Sing Along With Instruments (2) 2:00 Music Bingo (1) 3:30 Group Brain Games (2) 7:00 Arts and Crafts (2)	9:30 Sit & Stretch (2) 27 10:30 Roman Catholic Communion (CH) 2:00 Big Prize Bingo (DR) 3:30 Word Games: The Wizard of Oz Edition (1) 7:00 Nature Documentary (1/2)	9:30 Balloon Games (1) 28 10:45 Detective Puzzles (2) 2:00 Arts and Crafts (1) 3:30 Nifty Nails (2) 7:00 Ball Toss (1)	9:30 Balloon Games (2) 29 11:00 Journalling: Words of Wisdom (GR) 2:00 August Birthday Party with Entertainment by the Grand Jazz Trio (DR) 7:00 Relaxing Music (1/2)	9:30 Seated Exercise (1) 30 10:45 Trivia (2) 2:00 Bingo (2) 3:30 Dot Art (1) 7:00 Colouring Corner (2)
9:30 Seated Exercise (2) 31 10:45 Nifty Nails (1) 1:30 Worship Service (CH) 3:00 Trivia (2) 4:00 One to One Visits (IS) 7:00 Family Feud (1)						<u>Locations Legend</u> Supportive Living (2) Memory Care (1) Memory care and Supportive Living (1/2) Dining Room (DR) Chapel (CH) In Suite (IS) Games Room (GR) Lobby (LOB) Bus (BS) Theatre (TH)